

Specialising in Advanced Keyhole Surgery

Hernia

Gall Bladder

Weight Loss

Reflux / Hiatus Hernia

Excessive Sweating

Facial Blushing

Carpal Tunnel

Bowel

**If you require further information on any of these services,
please contact us on (03) 9760 2777**



2 Langwith Avenue, Boronia, Victoria 3155
Telephone (03) 9760 2777 Facsimile (03) 9761 0207
www.lapsurgeryaustralia.com.au

DISCHARGE INSTRUCTIONS

Removal of Lap Band®

- MR RAY McHENRY
- MR CHRIS HENSMAN

- MR RICHARD GILHOME

Your next appointment has been made at:

- LANGWITH CONSULTING SUITES**
2 Langwith Avenue,
Boronia
- THE VALLEY PRIVATE HOSPITAL**
Churchill Consulting Suites
Cnr Police & Gladstone Road, Mulgrave
- ROSEBUD SURGICENTRE**
1537 Point Nepean Road
Rosebud West
- THE BAYS PRIVATE HOSPITAL**
Vale Street,
Morningson
- ST JOHN OF GOD HOSPITAL**
Consulting Suites
Suite 4, 8 Gibb Street, Berwick

Day _____

Date _____

Time _____

DISCHARGE INSTRUCTIONS

Removal of Lap Band®

Please note:

Within 24 Hours of your Operation you must not:

- Drive a car or take public transport unaccompanied.
- Operate Machinery
- Consume alcohol
- Sign any legal documents or make any responsible decisions.

Analgesia:

- Take Paracetamol/Panadeine or prescribed medication regularly or as required for comfort.
- Do not drive or operate machinery if taking prescribed medication.

Care of the Wound:

- Remove dressings as instructed by your Surgeon or Nursing Staff. If no instruction given, leave in place until your review appointment with the Dr. or Nurse in the Rooms.
- If sutures are present these will be removed at the time of the review appointment.
- Generally you will have waterproof dressings in place which you can shower with but if you have any concerns please do not hesitate to contact the Rooms.

Diet:

- For the next few days take foods of a fluid/soft nature only, according to the Surgeon's advice. Ensure you have an adequate protein intake using shakes if necessary. Aim to keep portion serves small.
- It is important to avoid constipation by ensuring an adequate intake of water and addition of a laxative and/or a fibre supplement if required. Eg; Agarol Benefibre.

On-Going Care:

- An appointment will be made for you prior to your discharge from hospital.
- If not, please call our rooms on **9760 2777** to arrange your post operative appointment.
- Notify the Rooms
 - If you experience any problems with your wound including abnormal redness, pain or discharge.
 - You develop a fever or get hot/cold flushes
 - Your pain is not being relieved by the analgesia you are using.